

## Winter Blast Camp “What to Bring” List



**Q:** *What items should I bring with my child to Winter Blast at Victory Valley Camp?*

**A Word About Modesty:** Campers and staff at Victory Valley dress modestly. That means, among other things, that girls wear shirts that don’t ride up in the back when bending or reaching, nor dip down in the front to reveal undergarments or excessive skin. We avoid tight shirts on girls. T-shirts with sleeves, long-sleeve shirts or sweaters are best for their versatility and modesty.

Jeans and other pants are worn at the waist with a belt, if needed, and underwear/boxers are not seen. We don’t wear boxers as shorts or pajamas for pants except when sleeping. Sneakers and snow boots are the best footwear.

**Medications Note:** Please don’t pack prescription or OTC medication in luggage as they need to be given to the program director when your child checks in. For safety, we don’t allow medications in the cabins, except for emergency inhalers.

Please **do** bring your Health Form and a photocopy of the front and back of your health insurance card if not sent in advance and...

<input type="checkbox"/> Bible	<input type="checkbox"/> Snow boots and Sneakers
<input type="checkbox"/> Facemasks	<input type="checkbox"/> Winter hat and gloves
<input type="checkbox"/> Toothbrush/paste	<input type="checkbox"/> Heavy winter coat
<input type="checkbox"/> Soap/Shampoo	<input type="checkbox"/> Sweatshirt or Jacket
<input type="checkbox"/> Bath towel	<input type="checkbox"/> Pajamas
<input type="checkbox"/> Sleeping bag or bedding, pillow	<input type="checkbox"/> Breathable laundry bag
<input type="checkbox"/> Flashlight	<input type="checkbox"/> Socks
<input type="checkbox"/> Daily set of play clothes	<input type="checkbox"/> Long pants or jeans

**Do Not Bring Any of the Following:** headphones, radios, iPod, electronic games, cell phone, computer, or any other technological gadgets, valuables, pocket knife, gum, fireworks, skateboard, silly string or anything else that makes a mess, has sharp edges or generates smoke or fire.