



**A Word About Modesty:** Campers and Summer Missionaries at Victory Valley dress modestly. That means, among other things, that girls wear shirts that don't ride up in the back when bending or reaching, nor dip down in the front to reveal undergarments or excessive skin. We avoid tight shirts. T-shirts with sleeves are best for their versatility and modesty. Girls swimsuits should be either one-piece or two-piece that covers the whole torso, modest, and cut conservatively, (Parents, we know how hard it is to find a modest swimsuit and appreciate the time you invest in doing so.)

For guys, check that your camper's shorts have at least a four-inch inseam. Shorts, swim trunks, and pants are worn at the waist with a belt, if needed, and underwear is not seen. We don't wear boxers as shorts or pajamas as pants except when sleeping. Shirts are worn at all times except during swimming. Sneakers are the best footwear. Flip flops are only worn during trips to and from the pool.

**Medications Note:** Please don't pack any medication, whether prescription or OTC, or vitamins, supplements, etc in your camper's luggage. All medications must be presented to the nurse in their original containers, with a doctor's note for prescriptions. Please bring the exact amount your child needs for the week pre-measured out.

Be sure your health form is filled out ahead of time. This can be found on your Parent Dashboard, or you can print a copy from our website. We also need a photocopy of the front and back of your health insurance card if not sent in advance.

#### **What to Bring:**

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|--|--|--|---------------------------------------|
| <input type="checkbox"/> Bible                                   | <input type="checkbox"/> Toothbrush/Toothpaste         | <input type="checkbox"/> Sleeping Bag*             | <input type="checkbox"/> Pillow       |
| <input type="checkbox"/> Soap/Shampoo                            | <input type="checkbox"/> Towels (bath and pool)        | <input type="checkbox"/> Swimsuit                  | <input type="checkbox"/> Flashlight   |
| <input type="checkbox"/> Sneakers                                | <input type="checkbox"/> Old Sneakers for Creekwalking | <input type="checkbox"/> Socks                     | <input type="checkbox"/> Pajamas      |
| <input type="checkbox"/> Sweatshirt/Jacket                       | <input type="checkbox"/> Breathable laundry bag        | <input type="checkbox"/> Rain Gear                 | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> White/Light Colored T-shirt for tie dye |  | <input type="checkbox"/> Daily Set of Play Clothes |                                       |
| <input type="checkbox"/> Dark Clothes for Mission Impossible     |  | <input type="checkbox"/> Banquet Clothes**         |                                       |

\*Campers will sleep out one night and will need a sleeping bag. You may send sheets for the cabin (twin-size) if you wish.

\*\*Banquet clothes are typically casual church clothes or nicer. Skirts/dresses should come to the top of the knee.

**Optional Items:** Camera, Fishing Equipment, Sunscreen, Non-aerosol insect repellent, Paper and stamps to write home

**Do NOT Bring:** Cell Phones, headphones, electronic games or other technology, valuables, pocket knife, gum, or anything else that makes a mess, has sharp edges, or generates smoke or fire.

Snak Shak is included in the cost of registration, so you also do not need cash except if you plan to visit the gift shop, which will be open after the closing ceremony.